

## FHFA Fellowship Fellows and Project Summaries – Cohort 1

| Name             | Job Role   | Sector       | Locality  | Project Summary  |
|------------------|--|--------------|---|--|
| Aisha Aro-Lambo  | Project Manager                                    | VCFSE        | Bolton;<br>Manchester;<br>Heywood,<br>Middleton,<br>Rochdale; | Aisha's project is called Voices for Health and centres around women's health equity advocacy and improving health literacy through educational materials which aims to create a meaningful impact within Wonderfully Made Woman and the community. This program seeks to address the unique healthcare challenges faced by women in migrant communities through accessible and culturally sensitive community workshops, advocacy campaigns and a resource hub in order to improve health outcomes, reduce medication misuse and build a stronger community engagement in healthcare. |
| Alexandra Guy    | Strategic Partnerships Lead (Business Development) | Housing      | Greater Manchester  | Alexandra's project is focused on mental health, poverty and health inequalities and seeks to explore the relationship between socio-economic factors and contracts with NHS services. Alex is exploring the hypothesis that socioeconomic triggers prompt mental-health related setbacks among vulnerable groups, leading to increased pressures on the NHS.  |
| Alice Coren      | Director of ReMade                                 | VCFSE        | Wigan   | Alice's project involves investigating whether community peer support differs in efficacy from clinical peer support in relation to women living in Wigan. This involves generative conversational work with women involved in the community-based peer support, alongside case studies from NHS peer support services. In addition, Alice will source practice studies from other peer support projects to develop a resource of good practice.   |
| Bethany Mitchell | Operations Manager                                 | Primary Care | Manchester;   | Beth's project centres around creating a person-centred programme of support that meets the needs of vulnerable migrants, refugees and asylum seekers within Greater Manchester. This involves establishing pathways for people living in hotels, creating a single point of access to help people navigate the health care system, including connections into the VCSE sector and access to primary and secondary health care.  |

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| Hilaria Asumu                                   | Ambassador, Organ Donation/Charity Chair | VCFSE        | Greater Manchester   | Hilaria's project is focused on developing a targeted communication strategy that improves and promotes Chronic Kidney Disease (CKD) early detection. This includes better communication strategies from within the healthcare system (GPs) to the Black African Community in Salford and the improvement of CKD health literacy within this community.   |
| Khadijat Idowu Morafa                           | Director/ Founder                        | VCFSE        | Greater Manchester; Stockport; Wigan; Manchester; Trafford; Salford; Oldham; | Idowu's project will explore and establish a holistic health centre in underserved areas of Gorton, Abbey Hey, Openshaw or Moston, Clayton areas. It aims to address health inequalities, promote sustainability, and foster community inclusion, focusing on accessible healthcare and education for marginalized and vulnerable populations. This will include food hub and family hub sessions, which are popular sessions that will continue to bridge the gaps in health care and therapy, meditation and counselling. |
| Laura Cousins                                   | Newly qualified salaried GP              | Primary Care | Oldham   | Laura's project will explore the impact that opportunistic HIV testing in primary care in Oldham can have on an area of alleged low prevalence. to bring the testing rates and late diagnoses more in line with that of the national average, the project involves the education of staff and work to increase the proportion of patients being tested for HIV annually.  |
| Liam Handley                                    | Wellbeing & Health Manager               | VCFSE        | Bolton   | Liam's project centres around engaging Bolton's voluntary, community and social enterprise (VCSE) sector to support a key public health campaign to reduce levels of smoking across the borough. This will explore harnessing the power and connections of Bolton's thriving VCSE sector to reach communities who have, until now, been resistant to smoking cessation campaigns.   |
| Lindsey Kent                                    | Salaried GP                              | Primary Care | Manchester;  | Lindsey's project idea is called Take Part, Take Heart: A culturally tailored programme to reduce cardiovascular risk factors and promote living well. This project aims to address the higher rates of CVD risk factors (such as obesity, hypertension, smoking) amongst adults in her PCN in Manchester.  |
| Peace Temitope Nyamja<br>Currently on Maternity | Health and Wellbeing Development Manager | VCFSE        | Greater Manchester;  | Peace's project focuses on enhancing the health and wellbeing of Black Caribbean and African young people in Greater Manchester through a culturally tailored community-based social prescribing approach. This includes 3 distinct activities focusing on Green & Art activities such as gardening, nature walks and art therapy, Performing Arts and Physical Activities such as group sports and fitness classes.  |
| Philippa Murphy                                 | GP                                       | Primary Care | Oldham;  | Philippa's project will aim to improve the uptake of annual health checks for people with learning disabilities aged 14-17 years old in Oldham, contributing to improving health outcomes and reducing health inequalities experienced by people with learning disabilities. This involves focus  |

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|                  |   |              |                     | groups with students with learning disabilities, parental questionnaires, discussions with education SEND leads and relevant VCSE organisations, to explore understanding, awareness and barriers.  |
| Philippa Norris  | First Contact Practitioner and Advanced Clinical Practitioner | Primary Care | Greater Manchester; | Pip's project will explore the benefits of targeted work absence support for patients currently receiving fit-notes, to reduce long-term sickness, unemployment or facilitate people back into good work. This involves working with GM initiatives, the WorkWell service and The Growth Company in Manchester to create a pathway of care from fit-note prescription to a generated referral through to the most appropriate initiative.   |
| Saroja Forester  | General Practitioner  | Primary Care | Stockport;          | Saroja's project addresses absenteeism in Brinnington primary schools in Stockport. This involves a literature review of the drivers behind school absenteeism and what existing strategies are in place nationally, examining local data and exploring interventions. This includes promoting consistency, routine, increasing resilience and health promotion initiatives involving Primary Care services, Early Years workers and the local community and VCSE sector to help embed the importance of attendance in Early Years placements as a valuable and accessible route to achieving school readiness. |
| Suzannah Carrier | Salaried GP   | Primary Care | Salford;            | Suzy's project is working to provide equitable access to primary care services and improving uptake of breast screening in Ordsall, Salford. In terms of access to GP services, this involves exploring the workforce's understanding of patient experience and access and insights from members of the community and local VCFSE sector. To improve breast screening this involves practical support for patients to attend, promotion, education and inclusion approaches to overcome identified barriers.  |
| Tayyaba Kosar    | Systems Change Facilitator                                    | VCFSE        | Tameside            | Tayyaba's project is centred around food poverty and how it impacts on health. It investigates how not-for-profit organisations in Tameside can work together to help mitigate and adapt the physical and mental health impacts of food poverty. Outputs will include raising awareness and education of the community, encouragement to exercise, mapping of support groups and resources and creating a working group/network of organisations to introduce collaborative working, reducing repetition and sharing skills.  |