

Food Poverty Impacts and Networks



Fairer Health
For All

Greater
Manchester
Integrated Care
Partnership

How can not-for-profit organisations work together to reduce the potential negative impact of food poverty and have a positive impact on residents through improved healthy diet, physical activity and mental health

Tayyaba Kosar, Systems Change Facilitator, Action Together Tameside



Aims and Target Audience



Fairer Health
For All

Greater
Manchester
Integrated Care
Partnership



Support cross-organisational working to increase awareness of support services and opportunities for Ashton, Tameside for residents to access, to reduce the impact of food poverty on health and improve health outcomes.



Create a network of these groups and a signposting resource

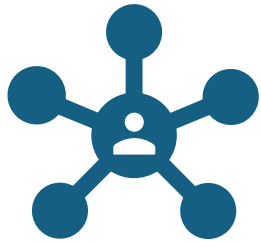


Outputs and Outcomes



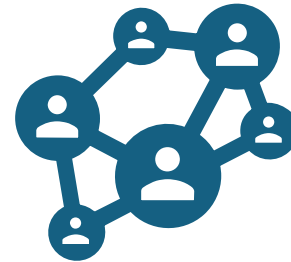
Fairer Health
For All

Greater
Manchester
Integrated Care
Partnership



Outputs:

Develop and distribute a mapping document of all support services/groups in the pilot area that residents can access to support them in achieving a healthy diet.



Outcomes:

An assumed better levels of connectedness of services across Tameside and increased awareness of support within the area for residents to access

A hope for better access a healthier diet and increased awareness of healthier food

Increased awareness or activities thus more social participation through attending services, activities and groups



Learnings: Challenges and Positives



Fairer Health
For All

Greater
Manchester
Integrated Care
Partnership

Challenges



Established relationships and partnerships is vital



Capacity from stakeholders



Making resources is short term – groups and projects stop and start every week and it's hard to keep up

How has this changed how I work



Accelerated relationships with groups and created established connection in Tameside



Confidence in approaching groups and those with lived experiences through CPD leadership sessions



Finding where the demand for a project is.



Next Steps

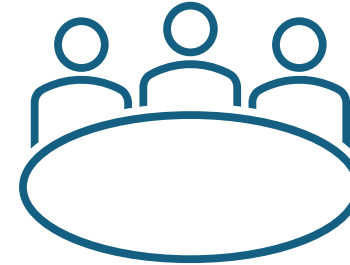


Fairer Health
For All

Greater
Manchester
Integrated Care
Partnership



Share resources in places that would benefit from it such as food banks, sports centres community centers and GP surgeries



Implement food and health themes in my networks already established –ensuring the topic of food and health is still at the forefront of my role.

