



# Good Work Is Good for Your Health

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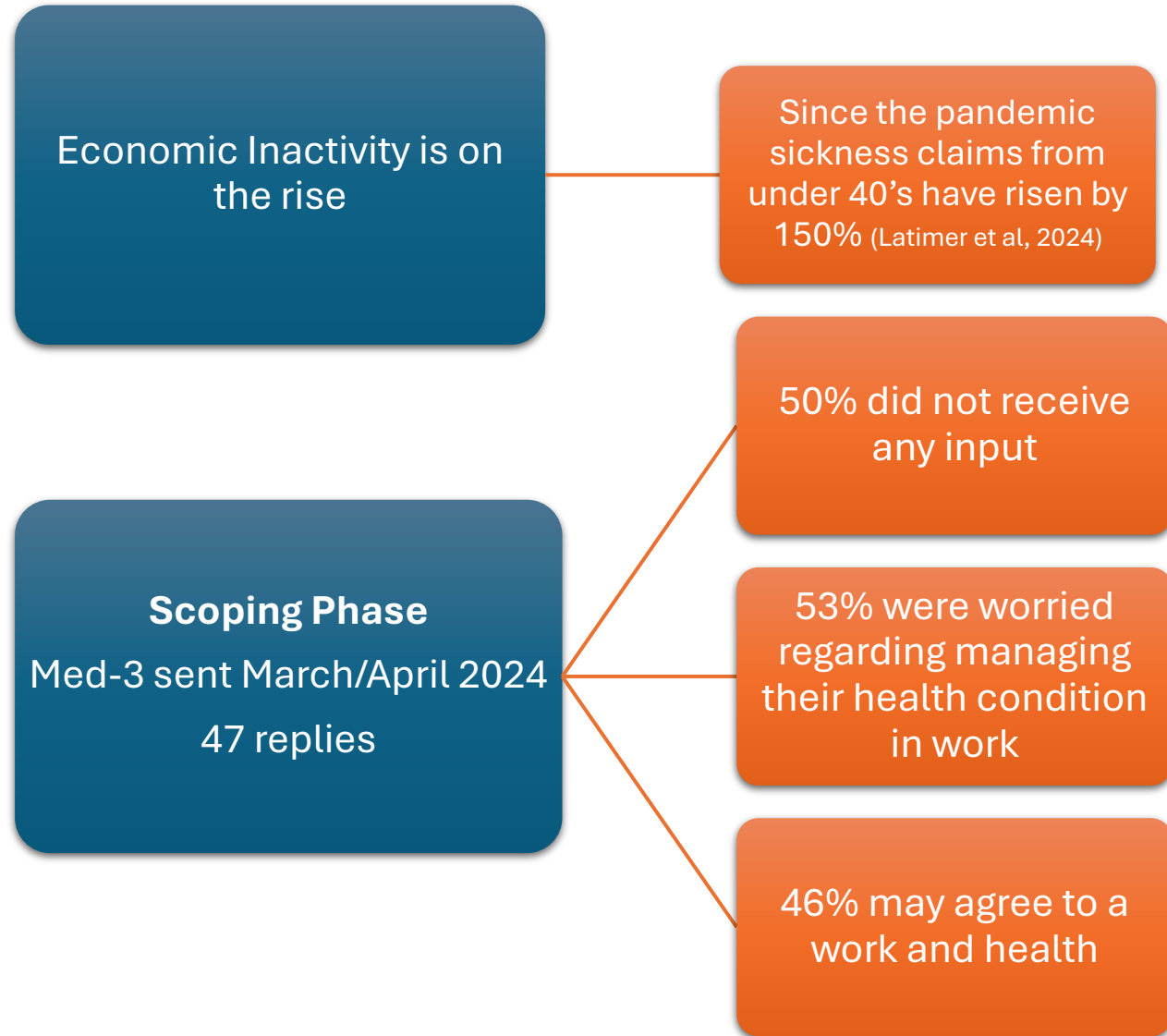
## Aim

**Improve health outcomes and quality of life for patients who are registered with Tregenna Medical Practice, in Wythenshawe, who are off sick, at risk of falling out of work, or economically inactive.**

## Project Overview

Quality Improvement Model methodology  
Implemented x4 PDSA cycles of service  
Improvement  
To establish a primary care pathway into  
work and Health input.

# Call to Action

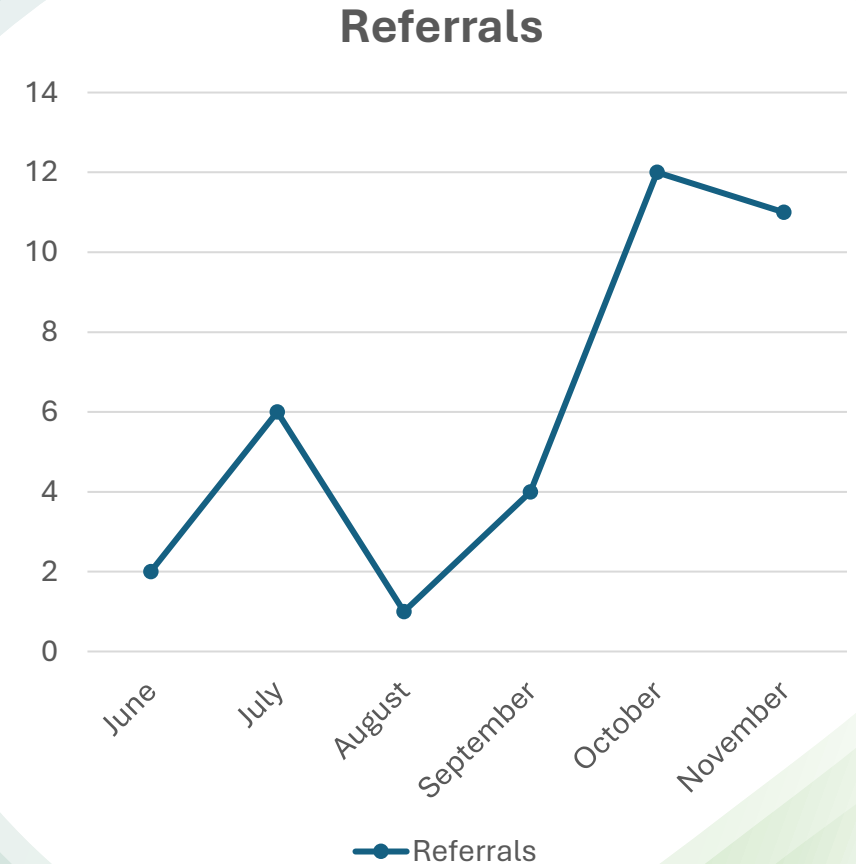


# Results

**Data collection June to November 2024.  
36 patients were referred into a work and health programme and given the opportunity to improve their quality of life.**

## Outcomes

- Development of a standardised pathway from primary care clinic, to direct access to a work-coach.
- Increased clinician awareness to recognize employment as a health outcome.



# Fellowship Learning

- Good Work is Good for Health
- Drivers of poor MSK health
  - Poverty
  - Education
  - Employment
  - Access to physical activity and a good diet (ARMA, 2023)
- Opportunities to improve health are not equal
- Shift power to the communities
  - Lived experience of inequality
  - Power of the patient voice
- Coproduce flexible services embedded in community.



# Next Steps....

- Opportunity to continue my fellowship legacy.
- GM and Manchester Foundation Trust (MFT) WorkWell partnership
- Accepted as a Vanguard sites to deliver work and health support to MSK services services in Central, South, North and Trafford hospitals
- Project lead till March 2026 (South and Trafford)
- Teaching to wider MFT
- Space and capacity to do things differently
- Population health view-point
  - Healthy, working communities thrive



Questions?