

Fairer Health for All 2024-5

Opportunistic HIV testing in primary care

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My project - opportunistic HIV testing

If you are on HIV treatment and your viral load is undetectable, you cannot pass it on

- **U=U** undetectable = untransmittable
- Test, test, test!
- Demography of my practice and their testing rate at SHS
- Project - opt-out, HIV quiz for staff, changing attitudes towards HIV, aligning with THT times up 2030 campaign
- Results - measurable (4 to 15%) and non-measurable



A word cloud of terms related to HIV/AIDS, with the largest and most prominent words being "undetectable" and "can't pass it on". Other significant words include "antiretrovirals", "treatable", "testing", "normal life expectancy", "screening", "opt-out", "virus", "awareness", "healthy", "hiv", "lifespans", "regular testing", "early diagnosis", "common", "everyone", "eradicating transmission", "test everyone", "asymptomatic", "untransmissible", "condoms", "important", "blood test", and "undetectable". The words are arranged in a somewhat circular pattern around the central phrase "can't pass it on".

undetectable
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blood test

Wider learning

- Non-measurable results matter!
- Thinking outside the clinic room
- Adapting to your practice population
- Identifying issues beyond patient contacts
- Having time to think creatively



Future goals

- Roll out teaching to other practices
- HIV update course?
- Wider access project
- Smears
- Vaccine uptake
- Contraception clinics



Thank you!