

Welcome





Thank you for your interest in the Fairer Health for All Fellowship programme. The following information pack will provide information about:

- Fairer Health for All Framework
- Fellowship programme
- Benefits of being a fellow
- Benefits for organisations releasing people for the fellowship
- How to apply

The FHFA Fellowship Programme is part of <u>Fairer Health for All</u> - a system-wide commitment and framework to reduce health inequalities across the wider, social determinants of health, as well as create a greener, fairer, more prosperous city-region.

NHS Greater Manchester are delighted to be partnering with Greater Manchester Training Hub to offer this fellowship opportunity, enabling cross-sectoral learners from a non-public health background to develop their knowledge and skills in population health, equality and sustainability.

Why is it needed? Deep rooted health inequalities

Greater Manchester Integrated Care Partnership

Inequalities At a Glance in GM





There are

2.8
million people
in GM

1.1 million of these residents live in the20% most deprived areas of the UK





Female healthy life expectancy in GM is 60.9 years

vs England average of 63.9

A female born in Salford could expect to live **9.5 years** less in good health than a female born in Trafford.

There are differences within localities too:



A woman living in Salford in the **most deprived neighbourhoods** can expect to live

11.1 years less than a woman living in the wealthier neighbourhoods.



Male healthy life expectancy in GM is 61.4 years

vs England average of 63.1

A male born in Oldham could expect to live 10.3 years less in good health than a male born in Trafford.

There are differences within localities too:



A man living in Salford in the **most deprived neighbourhoods** can expect to live

11.7 years less than a man living in the wealthier

neighbourhoods.



68,200 people

in GM are unemployed

5% compared to 3.5% UK average.



117,400 residents

are economically inactive due to long term sickness. 30% of our productivity gap is due to ill health.



1/3 of the GM population are children and young people (CYP)

around 1 in 4 live in poverty



40% of children

living in poverty in GM live in a smoking household. Children living in a smoking household are 4 times more likely to start smoking.



Asthma-related hospital admissions for CYP is consistently high in GM and 50% higher for CYP from disadvantaged GM communities.

Twice the rate of the national average.

What is Fairer Health for All?



- Framework that outlines our approach to addressing root causes of ill health and inequalities across the city-region
- Consensus of priority action across the system and roadmap for how we will work together to:
 - fulfil statutory NHS responsibilities to create a greener, fairer, more prosperous cityregion and deliver health and care services that better meet the needs of the
 communities we serve
 - enhance and embed prevention, equality, and sustainability into everything we do
 - tackle the discrimination, injustices and prejudice that lead to health and care inequalities
 - create more opportunities for people to lead healthy lives wherever they live, work and play in our city region

Fairer Health for All: In Summary



The Fairer Health for All summary shows how our agreed priorities will be taken forward, through the ways in which we work (principles) as well as the tools and resources that will enable change

Health and Care Intelligence Hub

Fairer Health for All Academy Tools & resources

What is going to help this change

Delivering to a suite of co-designed pan-GM key strategic indicators, enabling a whole-system approach to take targeted action to reduce inequalities including:

- · Building inclusive services and workforces
- Accelerating preventative programmes
- Amplifying the role of NHS GM working as part of a broader anchors network to drive increased support for local economies and communities

Enablers

How the system will make this happen

Principles

Themed

priorities

How we want NHS GM to work People Power

Proportionate Universalism

Fairer Health for All -'Everyone's Business'

Representation

Health Creating Places

Population Health Management & Strategic Intelligence

Culture Change & Leadership

Governance & Resourcing

Fairer Health for All principles



The Fairer Health for All principles were co-designed by Greater Manchester partners and speak to how we will share risk and resources in a way that considers a strengths-led approach, building on the needs of individuals, communities and partnerships and to collaborative decision making, so that resource can be targeted and tailored to achieve good health across diverse places and people.



People power

We will work with people and communities,

and listen to all voices

– including people who
often get left out.

We will ask 'what matters to you' and 'what has happened to you' as well as 'what is the matter with you'.

We will build trust and collaboration and recognise that not all people have had equal life opportunities.



Proportionate universalism

We will co-design universal services (care for all) but with a scale and intensity that is proportionate to levels of need (focused and tailored to individual and community needs and strengths).

We will **change how** we spend resources

 so more resource is available to keep people healthy and for those with greatest need.



Fairer Health for All is everyone's business

We will think about inclusion and equality of outcome in everything we do and how we do it.

We will make sure how we work makes things better, and makes our environment better, for the future.

We will tackle structural racism and systemic prejudice and discrimination.



Representation

The mix of people who work in our organisations will be similar to the people we provide services for.

For example, the different races, religions, ages, gender, sexuality, disabled people and people with multiple severe disadvantages.

We will create the space for people to share their unique voice and be involved in decision making.



Health creating places

As anchor institutions we will build on the strengths of our communities and leverage collective power – to support communities and local economies.

We will focus on place and work collaboratively to tackle social, commercial, economic and environmental determinants of health.

Support for Delivery



To facilitate delivery of the framework's ambitions and embed new ways of working as we shift towards a social model of health, we are focusing on three key enablers:

These enablers are underpinned by two new tools to support localities and the wider system to deliver our shared ambitions:





Culture Change and Leadership



Population Health Management



Governance and Resourcing

- Facilitate shared learning and innovation on equity, inclusion and sustainability
- Build skills and values required to shift towards upstream models of care and social model for health

The Fairer Health Academy Learning Hub)

The Health and Care Intelligence Hub

Co-design and consolidate data and insights from public and VCFSE sector partners across the city region into a single portal.

Range of web-based intelligence tools to enable adaptive capability for Population Health Management

Access to the intelligence hub can be requested via https://www.gmtableau.nhs.uk/gmportal/new_Request and is open to all VCSE and public sector partners.

About the FHfA Fellowship Programme





- Delivered in partnership with the Greater Manchester Training Hub
- Designed as a comprehensive, in-depth learning and development opportunity
- Enables learners from a non-public health background to develop their knowledge and skills in population health, equality and sustainability
- Open to people from a wide range of backgrounds, including clinical and managerial staff and people working in the VCFSE sector.
- Hope to attract an applicant pool that mirrors the communities we serve.
- Cohort 1 started in February 2024 with 16 Fellows based in Primary Care and the VCFSE sector.
- Cohort 2 will start Autumn 2024 and will be open to anyone working in the health and care sectors in Greater Manchester, including secondary care, primary care, social care, VCFSE and local authority.



FHfA Fellowship Programme aims

The aims of the fellowship are to:

- a) Establish and nurture learner understanding of your professional role and opportunities to create Fairer Health for All
- b) Educate learners on the policy and strategy context in Greater Manchester and identify the skills needed to successfully manage change in complex health and care and community settings
- c) Refine learner understanding of the social and commercial determinants of health and the importance of health equity, equality and inclusion





What can fellows expect to gain?

- Knowledge and skills in public health, relevant to your specialist area
- Access to communities of practice and learning networks
- Mentor support to implement a change process and convert theory into action
- Improved level of personal and professional leadership practice
- Increased resilience and ability to react to the challenges of rapidly changing contexts
- Ability to triangulate themes from across health and social care, academia, and the voluntary sector

Benefits for organisations





The Fellowship provides the opportunity to:

- change behaviour, empower employees, and build authentic relationships with networks and partners across GM
- support professional and personal development
- meet the shifting needs of employees, organisations and communities/populations we serve
- give employees the confidence, insights, and motivation to expand or extend their work
- Bring back new ideas, tactics and perspectives to the organisation
- take part in social responsibility and community engagement
- contribute to the future success of the organisation

What does it involve?



- Fellows are released from their substantive post (one day per week for one year) alongside
 their existing role to attend training and work on a fellowship project.
- Core project identified by the fellow and refined through support with a mentor and a community of practice. (CVD or diabetes prevention project ideas will be prioritised for Cohort 2)
- Training:
 - mixture of blended and experiential learning, covering a wide range of population health, equality and inclusion and sustainability themes.
 - online modules from The Foundation Programme in Public Health
- Guidance from professional mentors.
- Required to capture their learnings at various points during the year, cumulating in an evidence-based project report submitted toward the end of the fellowship for publication on the Fairer Health for All website, in addition to a presentation of a case study to key GM system colleagues.

Who can apply?



- Anyone working within a health or care setting in Greater Manchester open to all sectors (including those working in community/VCFSE)
- All levels, roles and backgrounds are encouraged to apply
- No expectations in terms of previous experience or specific educational requirements. The
 programme is aimed at those new to, or with limited experience/education in public health.
- To apply you must:
 - be passionate about improving population health
 - want to become a champion and achieve change
 - o be committed to the delivery of a fellowship project
 - o agree to carry out formal learning as part of the fellowship
 - confirm prior support from your current organisation that you will have protected time to take part fully in the fellowship

Interested in applying?





- Complete a short Expression of Interest (EOI) by 30th June 2024 by scanning the QR code below or visiting this link: https://forms.office.com/e/JD0a51g274
- We aim to make the application as inclusive as possible. We will arrange a virtual meet up following your EOI submission to discuss the application process and any adjustments you may need.
- Attend the Cohort 2 Information Event Webinar on 07/06/24, 12pm-1pm via MS Teams (click here to register) or to view a recording of this event and hear the experiences of two GM Fellow Alumni, please visit the Fellowship pages of the Fairer Health for All website:
 Fellowships | FHFA Academy
- Not sure which project to choose for your Fellowship? Visit the <u>Fellowship pages</u> of the FHfA website for ideas
- Have further questions? Please email joey.hetherington@nhs.net

Fairer Health for All Fellowship
Expression of Interest Form



