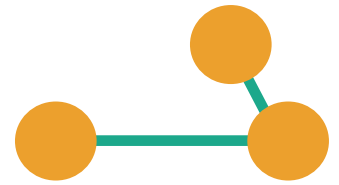


FAIRER HEALTH FOR ALL LEADERSHIP TOOLS: RELATING



POWER

Thinking about how power helps us see what's really shaping change, who has it, who doesn't, and how it flows. Use this tool to explore power with care and courage.

WHERE DOES POWER SIT IN THE SYSTEM? (WHO HAS POWER, WHAT POWER DO YOU HAVE, HOW DO YOU AND OTHERS USE POWER?)

Think about formal power, like funding or job titles, and informal power, like influence or trust.

HOW DOES MY OWN POWER SHOW UP IN THIS WORK?

Consider your role, identity, voice, and choices — where do you lead, follow, or open space for others?

WHO IS MISSING FROM DECISION-MAKING AND WHAT WOULD IT TAKE TO INCLUDE THEM MEANINGFULLY?

Think about how you could share power or change the space so others can step into it.

WHAT ASSUMPTIONS ABOUT POWER AM I CARRYING, AND HOW MIGHT THEY NEED TO SHIFT?

For example, “power means control” vs. “power means responsibility” or “power can be shared.”

WHAT KIND OF POWER DO WE NEED MORE OF TO REDUCE INEQUALITY?

For example, collective, relational, lived experience, cultural, imaginative power that heals rather than harms.